



Understanding Children's Behaviour

With Kathryn Berkett

We all want our children and young ones to be able to make good decisions, to over-ride impulses and to be able to function in a socially acceptable way. These, in our own ways, are how we become good contributing citizens to our community. So how do we build the ability to do this? How do we help our children learn to operate in a way that will assist them throughout their lives, whatever bumps and waves come at them?

This neuroscience session, delivered in easy to understand language, will help you see how you can play a crucial role in developing this in your children. The information will show you how you can build resilience, encourage emotional intelligence and individually support them to experience and negotiate life. You will hear information that is so practical, you will be able to go home and use it straight away. Useful and applicable!

Kathryn Berkett of ENGAGE has her Masters in Educational Psychology, and has extensive experience in understanding how trauma can impact on development. She has worked and trained, nationally and internationally, delivering to a variety of organisations including: Police; Oranga Tamariki; Prisons; Kindergartens; Primary and Secondary Teachers; Parents; Recreation Groups; Mental Health Professionals; Politicians; and Corporates.

WHERE: Papakura Central School Auditorium

WHEN: Monday 2 March, 6.00-8.00pm (Adults only)

PARKING: Ray Small Park Carpark, Ray Small Drive

RSVP: admin@papakuracentral.school.nz by Friday 28 Feb

Tea/Coffee & Biscuits provided